Hamilton decompositions of regular bipartite tournaments

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A regular bipartite tournament is an orientation of a complete balanced bipartite graph $K_{2n,2n}$ where every vertex has its in- and outdegree both equal to n. In 1981, Jackson conjectured that any regular bipartite tournament can be decomposed into Hamilton cycles. We prove this conjecture for sufficiently large n. Along the way, we also prove several further results, including a conjecture of Liebenau and Pehova on Hamilton decompositions of dense bipartite digraphs.